

Building Community.  
Growing Hope.  
Supporting Change.



## SBC CIC INFORMATION:

**8318 104 STREET NW**  
**BACK DOOR ENTRANCE**

**Community Access Time**  
**Tues to Fri | 9:30 a.m. - 1 p.m.**

**Art Program**  
**Tuesday | 2:30 p.m.**

**Bingo Friday**  
**Friday | 12 p.m.**

**Resource Access**  
**Thursday | 2 p.m.**

We have lunch bags, emergency food bags, emergency clothes, bus tickets, bus pass program, laundry program, Litter program and more!

# THE MUSTARD SEED EDMONTON LOCATIONS

**Community Support Centre**  
1568 114 St NW

**Community Impact Centre Mosaic**  
6504 132 Ave NW

**Community Impact Centre Canora**  
10105 153 St NW

**Wellness Centre**  
11355 105 Ave NW

**Thrift Store**  
6527 118 Ave NW

## SHELTERS

**The Mustard Seed Strathcona Shelter**  
10050 81 Ave NW

**The Mustard Seed Central**  
9526 106 Ave NW

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**Contact The Mustard Seed Edmonton**  
1.833.448.4673  
InfoEdmonton@theseed.ca  
TheSeed.ca



THE  
MUSTARD  
SEED  
**TheSeed.ca**

# SHELTER INFORMATION

## DROP IN HOURS

### Housing Navigator

**Mon - Fri | 9 a.m. - 3 p.m.**

Supportive Housing applications , Senior Housing application, Market Housing support, Income applications, Rental Viewing support, Referrals to other resources as needed to get guest housed etc.

**Contact: Sarah Agaba | 587.385.7536**



### Advocate

**Tue - Thurs | 9 a.m. - 12 p.m.  
and 1 p.m. - 2:30 p.m.**

Income Support, Govt ID application, Employment and Counselling referrals, Senior Income Support, Taxes, Foodbank referrals etc.

## Shelter Intake

**Begins at 10 a.m.**

Intake starts at 10am based on a first come, first served basis. Beds are given out in person at the door pending availability of open beds.

Intake can continue through the day pending available beds.

Check in for registration of beds starts at 7 p.m.. If guests who have signed up through out the day do not check in by 7 p.m..

The beds are opened up on a first come, first serve basis again in person pending available beds.

**Curfew is at 11 p.m.**

The best number to reach out for the shelter is 780.619.9885 for inquiries.



## Showers and Laundry

**9 a.m. - 3 p.m. Daily**



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